

We're fighting kidney disease.

Here's how.



The National Kidney Foundation is the leading organization in the U.S. dedicated to the **awareness, prevention and treatment** of kidney disease. We provide a broad array of programs, resources, and services for patients, those at risk, healthcare professionals and the general public.

KEEP HEALTHY

KEEP Healthy is a free, kidney health screening that is designed to raise awareness about kidney disease and drive those who are at risk to get tested.

THE BIG ASK, BIG GIVE

Living donation makes better lives possible. Whether you need a kidney, or want to learn more about donation, it starts with asking the NKF. During the Big Ask, Big Give workshops we teach patients how to share their story and ask people to consider donation. This program is done in person and virtually.

DRIVE FOR DIALYSIS

Drive for Dialysis is a hands-on, non-skills based corporate volunteer opportunity in which employees assemble packages for dialysis patients while learning about the importance of our kidneys, kidney disease, and how they can continue to be involved with NKF.

YOUR KIDNEYS & YOU and YOUR KIDNEYS & YOUTH

Your Kidneys & You is a free workshop offered to business, college, and community groups, while Your Kidneys & YouTH is targeted towards school-aged children, youth, and teens. All workshops are aimed to educate people about their kidneys, how they work, and how to keep them healthy. Both workshops and tools can be offered in person or virtually.

KIDNEY HEALTH INFORMATION and WEBINARS

The National Kidney Foundation (NKF) has the most extensive library of kidney health information for individuals, patients, transplant recipients, and living donors, including newsletters, printed brochures, online materials, and virtual workshops.

NKF CARES

The NKF Cares Help Line offers free support for patients, families, and caregivers affected by kidney disease. Call **855-NKF-CARES (855-653-2273)** or email nkfcare@kidney.org to speak with a trained professional who will answer your questions, listen to your concerns, and send you free education brochures. We offer support and resources in both English and Spanish.

NKF PEERS

NKF Peers is a free, telephone-based program offered to stage 4 kidney patients, those on dialysis or those with a transplant. Patients are linked with trained volunteer mentors who offer support and guidance. For more information, call **855-NKF-PEERS (855-653-7337)** or email nkfpeers@kidney.org.

ADVOCACY

The NKF empowers those affected by kidney disease to become advocates for themselves and others, by giving them tools to communicate with lawmakers, share their stories, and raise awareness. Learn about our Advocacy Program and share your voice! www.kidney.org/advocacy

PA RENAL TRANSPORTATION PROGRAM

PA residents who meet eligibility requirements are reimbursed for a portion of the transportation costs associated with traveling to clinics for dialysis. This program is run in collaboration within the guidelines of, the Chronic Renal Disease Program (CRDP). Serve nearly 600 dialysis patients in western and eastern PA. **For more information Maggie Pratt at 800-261-4115 x752 or maggie.pratt@kidney.org.**

For more information regarding our local programs and services, please contact **Holly Turkovic, Sr. Community Outreach Manager** at **800-261-4115 ext. 759** or holly.turkovic@kidney.org.



NATIONAL KIDNEY
FOUNDATION®

Let's knock out kidney disease **together.**

All of our programs and resources are made possible by the generous support of people like you. Here's how you can help.

PROFESSIONAL EDUCATION, TOOLS & SUPPORT

NKF provides opportunities for collaboration, networking, and career advancement for every member of the kidney patient care team. Tools and resources, based on NKF-published guidelines, are developed for professionals to incorporate into their practices and advance patient care. As part of our professional education opportunities, we also offer Renal Roundtables and Renal Grand Rounds, both in-person and virtually. For more information about professional education or if you interested in learning more about our Medical Advisory Board, contact **Holly Turkovic at 800-261-4115 x759 or holly.turkovic@kidney.org**.

MEMORIALS/GIFTS

Making a memorial gift to the NKF is the highest tribute you can give to the memory of a deceased relative or friend. With each gift, a memorial card is sent to the family of the deceased, noting the name of the person remembered and the name of the donor. Visit kidneyall.org to make a memorial donation today!

KIDNEY CARS

Did you know your donation can help save a life? That's right! The NKF's Kidney Cars program has been the most trusted car donation program for more than 30 years. Each year, proceeds from donated vehicles pump millions of dollars into our life-saving services for kidney patients and those at risk. **For more information, visit www.kidneycars.org or call 800-488-2277.**

TEAM KIDNEY

Create your own event to raise funds and hope for 37 million Americans battling kidney disease. Celebrate an anniversary, honor a loved one, or push yourself with a 10k—Team Kidney is about what inspires YOU to become part of NKF's national community mobilizing against kidney disease. Visit team.kidney.org to start fundraising OR call **Brandi Lehman at 800-261-4115 ext. 757 or brandi.lehman@kidney.org**.

Contact your local NKF office at:

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Pittsburgh, PA 15203
800.261.4115 | www.kidneyall.org
info@kidneyall.org
[facebook.com/NKFALL/](https://www.facebook.com/NKFALL/)
[#NKF_ALG \(Instagram\)](https://www.instagram.com/NKF_ALG/)

KIDNEY GIFT OF LIFE HONORS

Thursday, March 11 2021—GOING VIRTUAL IN 2021

For over 30 years, the NKF has hosted this unique, premier fundraising event. The annual Kidney Gift of Life Honors event recognizes business leaders, medical professionals and volunteers who share our commitment for kidney disease awareness, prevention and treatment. Nearly 350 local community business leaders, physicians, volunteers, and supporters gathered this past March for an evening of inspiration at **Heinz Field**. For more information about our upcoming Honors event, contact **Brandi Lehman at 800-261-4115 x757 or brandi.lehman@kidney.org**.

NKF KONICA MINOLTA GOLF CLASSIC Spring 2021 — Date and Location TBD

Join for the Premier Amateur Golf Event for Charity. Each year, thousands of golfers from across the country participate in over 30 local events for the exciting competition and the chance to qualify for the National Finals at Pebble Beach. Whether playing with friends or entertaining customers for business, golfers of all skill levels are encouraged to compete, enjoy a great day at some of the top-ranked courses in the country and support the NKF. For more information about our upcoming NKF Golf Classic, contact **Molly Doehring at 800-261-4115 x754 or molly.doehring@kidney.org**.

PITTSBURGH KIDNEY WALK

Sunday, November 8, 2020

Virtual Program at NOON

Register at <https://kidney.rallybound.org/pittsburgh>

Kidney Walk is the nation's largest walk to fight kidney disease. Held in nearly 100 communities, the event raises awareness and funds lifesaving programs that educate and support patients, their families and those at risk. For more information about our upcoming virtual Pittsburgh Kidney Walk contact **Molly Doehring at 800-261-4115 x754 or molly.doehring@kidney.org**.

CORPORATE MONOPOLY® TOURNAMENT POSTPONED UNTIL FALL 2021

The National Kidney Foundation's Corporate MONOPOLY® Tournament is back and better than ever! This event is one of Pittsburgh's most innovative corporate fundraising traditions, combining the competitive spirit of the beloved board game with the gift of life for the more than 37 million Americans suffering from kidney disease. Join us at the **Rivers Casino** for an evening featuring a gourmet dine around, open bar, basket raffle, corporate networking and competitive play! For more information, contact **Brandi Lehman at 800-261-4115 x757 or brandi.lehman@kidney.org**.