

**BOROUGH OF VERONA**

**RESOLUTION NO. \_\_\_\_\_**

**A RESOLUTION OF THE BOROUGH OF VERONA, COUNTY OF ALLEGHENY AND COMMONWEALTH OF PENNSYLVANIA, INDICATING THE INTENT OF VERONA BOROUGH TO WORK ALONG WITH ALLEGHENY COUNTY TO ACCOMPLISH THE GOALS OF THE LIVE WELL ALLEGHENY CAMPAIGN.**

**WHEREAS**, in January of 2014, Allegheny County Executive Rich Fitzgerald, under the leadership of the Board of Health and Health Department Director Dr. Karen Hacker, launched a comprehensive innovative strategy on wellness called Live Well Allegheny, and

**WHEREAS**, living well is a broad concept that incorporates physical health, mental wellness, personal and community safety, prevention and preparedness, physical activity, nutrition, fitness, managing chronic disease, improving well-being, quality of life, education, improving our standard of living, cessation programs, vaccinations, weight loss anti-aging, health literacy and so much more, and;

**WHEREAS**, the health of our county residents, and the health of Verona Borough residents, requires a coordinated effort to ensure that programs, studies, outreach events and other efforts have the ability to improve our overall health, behavior changes requires a cultural change which Live Well Allegheny is intent on providing; and

**WHEREAS**, one of the main initiatives of the Live Well Allegheny campaign is to endeavor to have the participation of all 130 municipalities and to provide programming in each of those communities, the campaign can enhance the capacity of communities to effectively plan, implement, evaluate and sustain activities and intervention that accomplish the goals;

**NOW, THEREFORE, BE IT RESOLVED** that the Borough of Verona will endeavor to work along with Allegheny County to accomplish the goals of the Live Well Allegheny campaign, and

**FURTHERMORE**, that Council of the Borough of Verona, pledges to endeavor to work toward advancing the following goals within the community:

- Promoting participation in a voluntary wellness campaign for the community's employees;
- Sharing information on wellness campaign events with the broader community to encourage the voluntary participation of residents;
- Planning, promoting and implementing a Live Well Allegheny event, such as the Verona Bike Derby, in cooperation with the campaign that encourages active living;
- Developing outdoor wellness trails accessible to residents of all abilities;

- Developing walking maps; measure the distances mapped and encourage residents to meet goals;
- Encouraging multi-modal transportation of residents by providing facilities or policies that encourage walking and bike riding;
- Requesting vending machine companies to add healthy foods, and working with the company to post calories and nutrient contents and amounts for the foods offered;
- Promoting and supporting farmers' markets;
- Encouraging involvement with community volunteer activities;
- Promoting smoke-free and tobacco free buildings and perimeters;
- Providing health information focused on monthly or seasonal events;
- Utilizing web sites and social media to provide information on physical activity, nutrition, stress management, tobacco cessation, and other health and wellness related initiatives

**RESOLVED AND ENACTED** this \_\_\_\_\_ day of May, 2019 by Council for the Borough of Verona, a full Quorum being present.

ATTEST:

THE BOROUGH OF VERONA

\_\_\_\_\_  
Jerome Kenna, Borough Manager

By \_\_\_\_\_  
Sandy Drabicki-Bell, President  
Verona Borough Council (SEAL)

Examined and approved by me this \_\_\_ day of May, 2019.

\_\_\_\_\_  
David P. Ricupero, Mayor