

Live Well Workplaces

Submission Date

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Contact Information

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Business Information

Name of Business: For Good PGH
Address: 910 Braddock Avenue
City: Braddock
Zip Code: 15104

For Good PGH agrees to the implementation of action steps related to building the workplace environment, including:

Provide healthy food options during company meetings and functions
Provide private area for use by breast feeding employees to pump and store their milk.
Provide access to water fountain, water dispenser, water cooler
Consider a tobacco/smoke-free work campus
Provide space for or create workplace garden(s) that employees can build and maintain

For Good PGH agrees to the implementation of action steps related to policy integration, including:

Establish and communicate tobacco-free workplace policy that includes tobacco cessation resources for employees
Develop a policy that supports breast feeding employees and allows them flexibility to pump at work in a designated, private area
Offer employee flex work hours to allow for opportunities for physical or wellness activity before, during, after work, and lunch breaks


For Good PGH agrees to the implementation of action steps related to health education, screening, and prevention, including:

Make available health and wellness educational resources to employees via printed materials, direct mail, electronic correspondence, posters, bulletin boards on topics such as physical activity, improved nutrition , and tobacco cessation
Remind employees of importance of regular check-ups, physical examinations, and health screenings
Encourage employees to hold walking meetings
Support stretching and physical activity breaks during work hours and meetings
Organize fitness classes on site

For Good PGH agrees to the implementation of action steps related to leadership commitment and employee ownership, including:

Organization leaders actively demonstrate their support for employee wellness and participate in wellness activities and programs
Leaders publicly recognize employees for healthy actions or outcome

Signature



A handwritten signature, possibly "K. M. W.", is written in black ink above a solid horizontal line. The signature is stylized and cursive.