

Live Well Restaurants

Submission Date

2018-11-05 12:01:22

Contact Information

First Name: Amy
Last Name: Schlonski
Email Address: a.schlonski@yahoo.com
Phone Number: 7244203755

Restaurant Information

Name of Restaurant: Eighty Acres Kitchen & Bar
Address: 1910 New Texas Road Pittsburgh PA
Zip Code: 15239

Eighty Acres Kitchen & Bar agrees to the mandatory commitments of:

eliminating trans-fat oils in our cooking
being smoke-free
not selling tobacco products

Eighty Acres Kitchen & Bar also agrees to the implementation of at least four (4) additional action steps, including:

Offer vegetarian/vegan fare
Provide healthy side dishes including fruits and vegetables that can be ordered in lieu of higher fat/sugar/salt options
Offer brown rice other whole grains as an alternate to white rice and whole grain bread as an alternate to white bread
Promote healthier beverage options by providing smaller sized sugar sweetened beverage (including soda) options (8 ounce) without refills, highlighting unsweetened options (via lower prices) or by providing healthier options like soda water flavored with fruit juice or alternate recipe
Use plant based oils for cooking and baking (for example olive oil and canola oil instead of animal fat containing predominantly monounsaturated and polyunsaturated fats partially-hydrogenated oils) and make customers aware
Offer low fat milk (1% or skim) as an alternate to cream for hot beverages
Provide evidence that it is recognized by another healthy restaurant certification
Provide low calorie salad dressings

Signature

