

Live Well Workplaces

Submission Date

2018-07-18 10:06:20

Contact Information

First Name: Melanie
Last Name: Hoffman
Email Address: melanie.hoffman@goape.com
Phone Number: 4126161233

Business Information

Name of Business: Go Ape Tree Top Adventure
Address: 991 Tennis Court Ln
City: Allison Park
Zip Code: 15101

Go Ape Tree Top Adventure agrees to the implementation of action steps related to building the workplace environment, including:

Provide healthy food options during company meetings and functions
Provide access to water fountain, water dispenser, water cooler
Access to on-site fitness center or conference room for exercise classes, physical activity
Locate safe and accessible outdoor walking or running paths and trails, map a safe walking route starting and ending from the workplace or in vicinity
Provide space for or create workplace garden(s) that employees can build and maintain

Go Ape Tree Top Adventure agrees to the implementation of action steps related to policy integration, including:

Institute a healthy food policy requiring healthy food and drink options at company meetings, functions, and events
Offer employee flex work hours to allow for opportunities for physical or wellness activity before, during, after work, and lunch breaks
Negotiate health-club discounts or provide subsidized membership at local fitness centers, programs such as Weight Watchers
Create and sponsor employee athletic teams and activities
Other commitments related to policy integration

Go Ape Tree Top Adventure agrees to the implementation of action steps related to health education, screening, and prevention, including:

Make available health and wellness educational resources to employees via printed materials, direct mail, electronic correspondence, posters, bulletin boards on topics such as physical activity, improved nutrition, and tobacco cessation
Remind employees of importance of regular check-ups, physical examinations, and health screenings
Support stretching and physical activity breaks during work hours and meetings
Organize fitness classes on site

Go Ape Tree Top Adventure agrees to the implementation of action steps related to leadership commitment and employee ownership, including:

Organization leaders actively demonstrate their support for employee wellness and participate in wellness activities and programs
Company mission/vision statement supports employee health and value of wellness programs in the workplace
Leaders publicly recognize employees for healthy actions or outcome
Participation in another recognized workplace wellness certification

Signature

Melanie M