

LEETSDALE BOROUGH
ALLEGHENY COUNTY, PENNSYLVANIA

RESOLUTION NO. _____

RESOLUTION INDICATING THE INTENT OF LEETSDALE BOROUGH TO WORK ALONG
WITH ALLEGHENY COUNTY TO ACCOMPLISH THE GOALS OF THE
LIVE WELL ALLEGHENY CAMPAIGN

WHEREAS, in January of 2014, Allegheny County Executive Rich Fitzgerald, under the leadership of the Board of Health and Health Department Director Dr. Karen hacker, launched a comprehensive, innovative strategy on wellness called *Live Well Allegheny*; and

WHEREAS, living well is a broad concept that incorporates physical health, mental wellness, personal and community safety, prevention and preparedness, physical activity, nutrition, fitness, managing chronic disease, improving well0being, quality of life, education, improving our standard of living, cessation programs, vaccinations, weight loss, health literacy and so much more; and

WHEREAS, the health of our county residents, and the health of Leetsdale Borough residents, requires a coordinated effort to ensure that programs, studies, outreach events and other efforts have the ability to improve our overall health; behavior changes requires a cultural change which *Live Well Allegheny* is intent on proving; and

WHEREAS, one of the main initiatives of the *Live Well Allegheny* campaign is to endeavor to have the participation of all 130 municipalities and to provide programming in each of those communities; the campaign can enhance the capacity of communities to effectively plan, implement, evaluate and sustain activities and interventions that accomplish the goals;

NOW, THEREFORE, BE IT RESOLVED, that the Leetsdale Borough will endeavor to work along with Allegheny County to accomplish the goals of the *Live Well Allegheny* campaign; and

FURTHERMORE, that the Leetsdale Borough Council of the Borough of Leetsdale pledges to take the following steps within our community toward these goals:

- Promote participation in a voluntary wellness campaign for the community's employees; employees meet monthly to discuss wellness and safety in the workplace
- Share information on wellness campaign events with the broader community to encourage the voluntary participation of residents
- Plan, promote and implement a Live Well Allegheny event in cooperation with the campaign that encourages active living; The Leetsdale 4th July Committee hosts the yearly Leetsdale Snowflake 5k Run/Walk
- Encourage involvement with community volunteer activities; Borough Council encourages volunteers help with the different children activities/celebrations that are planned accordingly

- Promote smoke-free buildings and perimeters; there are designated smokes areas located at the Borough Building and both of the public parks that are located in the Borough
- Provide health information focused on monthly or seasonal events; flyers are provided to the residents that receive Leetsdale Borough Food Bank

THIS RESOLUTION adopted by the Council of Leetsdale Borough at a duly assembled public meeting held this 8 day of February, 2018.

ATTEST:

LEETSDALE BOROUGH

Secretary

By:

Borough Council President

Pete Poninsky, Mayor