

December 19, 2017

Dr. Karen Hacker
Director
Allegheny County Health Department
542 4th Avenue
Pittsburgh, PA 15219

Dear Dr. Hacker,

This letter is being sent to you to indicate that Greater Pittsburgh Community Food Bank would like to participate in the *Live Well Allegheny* Campaign.

Designation as a *Live Well Allegheny Workplace* greatly aligns with the Food Bank's Workplace Culture Committee. The Committee is designed to provide Food Bank employees with engagement opportunities with equity and inclusion, health and wellness and a culture that is employee focused. Food Bank mission-focused efforts are only possible when all employees have access to activities that improve physical health, mental wellness, personal and community safety.

The information below outlines the Food Bank's current and ongoing employee wellness efforts:

Building, Facilities, Workplace Environment

- Healthy food options in vending machines and during meetings and functions
- Private area for use by breast feeding employees and visitors to pump and store their milk
- Filtered water stations
- Tested water for heavy metals and other toxins
- Standing desks and exercise/stability balls are available for employees
- Safe outdoor walking paths
- Secure bicycle storage
- Weekly access to the Food Bank's mobile farmers' market that employees and the community have access to purchase fresh produce

Policy Integration

- Establish a tobacco-free policy that includes tobacco cessation resources
- Breast-feeding employee policy that provides the flexibility to pump at work in a designated, private area
- Employees have the option to work flex hours to allow for opportunities for physical and wellness activity before, during, after work and lunch breaks
- Two Employee Assistance Programs

Health Education, Screening, and Prevention

- Free annual flu shot clinic for employees
- Health and wellness educational resources available to employees
- Distributed subsidized pedometers
- Created a walking challenge and have a bike to work group
- Discounts on gym memberships through insurance carrier
- Organize lunch and learn session on health topics

Leadership Commitment and Employee Ownership

- Currently have a Workplace Culture Committee which has part of its charter to focus on employee health and wellness
- Organization leaders demonstrated their support for employee wellness by including health and wellness as part of the Workplace Culture Committee when organization committees were restructured last year.

Please let me know if you need additional information to support our request to be designated as a *Live Well Allegheny Workplace*.

Thank you,

A handwritten signature in cursive script that reads "Lisa".

Lisa A. Scales
President & CEO