

July 5, 2017

Dr. Karen A. Hacker, Director  
Allegheny County Health Department  
524 4<sup>th</sup> Avenue  
Pittsburgh, PA 15219

Dear Dr. Hacker,

The corporate office in Pittsburgh and our truck terminal in Cheswick, are committed to partnering with Live Well Allegheny by becoming a Live Well Workplace. PITT OHIO's commitment to the general welfare of our community is a shared dedication from the owner and the employees. In addition to providing first class health benefits, PITT OHIO has regular Health Fairs and Exercise Challenges in an effort to Eat Right, Be Fit and Live Well as part of our wellness initiative.

As part of our overall statement, PITT OHIO's efforts go beyond dollars raised by our company. It is important for all of the employees at PITT OHIO to give back to the communities in which we live and work. Whether it is helping others through monetary support, volunteering our time, cleaning up the environment or donating space in one of our vehicles, PITT OHIO gives back because it is the right thing to do.

The corporate office in Pittsburgh and our truck terminal in Cheswick, will partner with Live Well Allegheny to accomplish the goals of the Live Well Workplace campaign and will include our pledge to continue and/or add to the following action steps already in place at PITT OHIO:

**Buildings, Facilities, Workplace Environment**

- We provide healthy cafeteria options with healthy foods/snacks such as fresh fruit and vegetables for purchase
- We provide healthy food options during company meetings and functions
- We ensure healthy food options in vending machines

### **Policy Integration**

- We provide or insure that our employees have access to comprehensive health insurance that includes dental and eye care as well as preventive care without copays
- We will establish and communicate tobacco-free workplace policy that includes tobacco cessation resources for employees
- We will create and sponsor employee athletic teams and activities

### **Health Education, Screening, and Prevention**

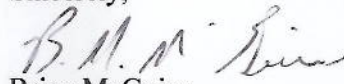
- We have a dedicated Health and Wellness Coordinator, Michelle Yocom, on staff since October 2015
- We make available health and wellness education resources to employees via printed materials, direct mail, electronic correspondence, and monthly topic posters
- We provide annual Health Risk Assessments
- We have implemented a before work paid stretching program
- We promote weight-loss competitions, group challenges, and walking events

### **Leadership Commitment and Employee Ownership**

- We have a wellness committee that has ongoing leadership support and participation as well as representatives from various departments
- Our organization has leaders actively demonstrating their support for wellness and participate in wellness activities and programs
- Our company mission/vision state supports employee health and value of wellness programs in the workplace

PITT OHIO looks forward to supporting the Live Well Allegheny campaign and achieving the Live Well Workplace designation.

Sincerely,

  
Brian McGuire  
VP, Human Resources  
PITT OHIO