



1315 Fifth Avenue
Pittsburgh, PA 15219
412-235-7163
www.zbestbbq.com

April 11, 2017

Dr. Karen A. Hacker
Director
Allegheny County Health Department
542 4th Avenue
Pittsburgh, PA 15219

Dear Dr. Hacker:

Z-Best Barbeque Chicken and Ribs, LLC is submitting this letter of commitment to the Live Well Allegheny Campaign. We would like to be considered as a local restaurant that provides healthy options to our customers. We are located at 1315 Fifth Avenue, Pittsburgh, PA 15219. We have been a member of the Uptown community now for six years. We provide home cooked meals that provide meat, fish and vegetarian options. For review our full menu, please feel free to log onto our website at www.zbestbbq.com. We are opened Sundays from 12 pm to 5 pm, Tuesdays – Thursdays from 11:30 am to 7 pm and Fridays and Saturdays from 11:30 am to 8 pm. We do offer regular specials on our website and our Facebook landing page.

As an activity community member we are concern about the health of our customers. Our food is seasoned to ensure that it is appetizing; however, we do ensure that we offer a balanced meal that includes a hearty vegetable selection. Currently, our menu includes greens, cabbage, green beans, sweet potatoes, baked beans (with meat), Cole slaw and potato salad (with eggs). A customer can purchase a veggie platter for approximately \$10. Our beverage offering includes water, juice and tea in addition to a selection of soda.

Therefore, as outline in your flyer, our commitment to the Live Well Program will include:

- Offer half portions on select menu items. (Z-Best offers both small and large side offerings).
- Offer vegetarian/vegan fare.
- Provide healthy side dishes including fruits and vegetables that can be ordered in lieu of higher fat/sugar/salt options.
- Use plant based oils for cooking and baking (for example olive oil and canola oil instead of animal fat containing predominantly monounsaturated and polyunsaturated fats partially hydrogenated oils) and make customers aware. (Z-Best uses canola oil for cooking and baking).

We are taking the steps outlined by Sustainable Pittsburgh to seek local vendors that we may be able to support if it is within our budgetary guidelines. We are also in the process of implementing some of the resources and suggestions that they have made for improvements to our restaurant. We should completed this process and qualify for their certification shortly.

We invite you to visit and enjoy a delicious plate of Z-Best Deliciousness. Please let us know what the next steps will be to qualify for certification from the county. If you should have any questions, please give us a call at 412-513-2293.

Sincerely,

Diane M. Day
Business Development Consultant
Cc: Darwin Copeland
Darla Copeland