

OFFICIAL

BOROUGH OF WEST HOMESTEAD

RESOLUTION #1643

**RESOLUTION INDICATING THE INTENT OF WEST HOMESTEAD TO WORK ALONG
WITH ALLEGHENY COUNTY TO ACCOMPLISH THE GOALS OF THE *LIVE WELL
ALLEGHENY* CAMPAIGN**

WHEREAS, in January of 2013, Allegheny County Executive Rich Fitzgerald, under the leadership of the Board of Health and Health Department Director Dr. Karen Hacker, launched a comprehensive, innovative strategy on wellness called *Live Well Allegheny*; and

WHEREAS, living well is a broad concept that incorporates physical health, mental wellness, personal and community safety, prevention and preparedness, physical activity, nutrition, fitness, managing chronic disease, improving well-being, quality of life, education, improving our standard of living, cessation programs, vaccinations, weight loss, anti-aging, health literacy and so much more; and

WHEREAS, the health of our county residents, and the health of West Homestead residents, requires a coordinated effort to ensure that programs, studies, outreach events and other efforts have the ability to improve our overall health; behavior changes requires a cultural change which *Live Well Allegheny* is intent on providing; and

WHEREAS, one of the main initiatives of the *Live Well Allegheny* campaign is to endeavor to have the participation of all 130 municipalities and to provide programming in each of those communities; the campaign can enhance the capacity of communities to effectively plan, implement, evaluate and sustain activities and interventions that accomplish the goals;

NOW, THEREFORE, BE IT RESOLVED that the West Homestead will endeavor to work along with Allegheny County to accomplish the goals of the *Live Well Allegheny* campaign; and

FURTHERMORE, that the Borough Council of West Homestead pledges to take the following steps within our community toward these goal:

- Share information on wellness campaign events with the broader community to encourage the voluntary participation of residents
- Develop walking maps; measure the distances mapped and encourage residents to meet goals
- Encourage multi-modal transportation of residents by providing facilities or policies that encourage walking and bike riding
- Promote and support farmers' markets
- Encourage involvement with community volunteer activities
- Promote smoke-free buildings and perimeters

- Utilize web sites and social media to provide information on physical activity, nutrition, stress management, tobacco cessation, and other health and wellness related initiatives

THIS RESOLUTION was passed at a regularly advertised meeting of the West Homestead Borough Council held on the 12th day of July, 2016.

ATTEST:

Donnamichael

Borough Secretary

Borough of West Homestead

William Stasko

William Stasko, President of Council

Examined and approved this 9th day of December 2014.

ATTEST:

Donnamichael

Secretary

John J. Dindak

John J. Dindak, Mayor