



Dr. Karen A. Hacker, Director
Allegheny County Health Department
542 Fourth Avenue
Pittsburgh, PA 15219

Dear Dr. Hacker,

I am reaching out to you in the hopes of becoming a Live Well Workplace in partnership with Live Well Allegheny. My name is Emily Skopov and I am the Founder & Executive Director of No Crayon Left Behind. We are a 501c3 nonprofit located in Sewickley that recycles and repurposes gently used crayons by distributing them to organizations that empower underserved youth both in the US and abroad. We weekly get boxes and boxes of crayons that are donated from restaurants and schools in Pennsylvania and across the US. These crayons then get sorted by our volunteers and shipped to our partner organizations including, the Education Partnership, the Homeless Children's Education Fund and Family House.

Our mission is two-fold: to empower every child by providing them with repurposed crayons for creative and self-expressive purposes, thereby preventing them from winding up in landfills, where they do not biodegrade. Our mission comes from the belief that art is not a luxury, and that the need to express one's self and to be creative is vital to a person's development and well-being. All of our activities are designed to further our ability to promote our passion for art as a critical part of the human experience, and to help ensure that every child, and every person for whom the use of a crayon might be a healing and empowering activity, has access to this most simple instrument and its profound potential. That fulfilling this mission prevents tons of crayons from ending up in landfills, thereby improving the environment in which we live, makes our activity all the more critical.

In becoming a Live Well Workplace we pledge to continue to uphold the standards that we currently abide by that achieve Live Well Allegheny's goals, as well as adding additional steps. Currently we:

509 Hegner Way, Sewickley, PA 15143
412.741.1900

nocrayonleftbehind.org
A 501c3 Non-Profit
Tax I.D. # 45-3676314

Saving the world, one crayon at a time

- Provide a water dispenser for hot and cold water that gets switched out for a new container every time it is emptied.
- Use standing desks that can be adjusted to any height.
- Have additional seating options, such as bean bags and couches, for employees to use and feel most comfortable in the workplace environment
- Have a communal fridge stocked with fresh vegetables, fruits, and cheeses that is for everyone at the office. In addition, we often times will bring in big batches of salad to keep in the fridge for employees to eat during the week.
- Have regular check-ins with all of our staff to ensure that everyone is healthy both physically and mentally. We additionally partner with our neighbor, Westwood Chiropractic, so that our employees can take time during the workday to get treated.
- Have began to hold occasional walking meetings as well as designated times for a walk when employees are feeling stressed.
- Often times will spend part of the lunch hour stretching one another or will take breaks from the computer to stretch. Additionally, a lot of the work we do revolves around moving and organizing large boxes of crayons and supplies, so that physical activity is always incorporated into the work day in some capacity.

Additionally we pledge:

- To begin a twice a month yoga class with all of our employees at a local yoga studio in Sewickley
- To participate and sponsor fun-runs or team building physical activities that the borough of Sewickley sponsors and hosts
- To provide the office with a HappyLight to help employees that suffer from Seasonal Affective Disorder (SAD)

Thank you so much for your time and consideration. We sincerely appreciate it and hope that we can become part of your inspirational and admirable initiative to improve the health and wellness of Allegheny County residents.

Best regards,
Emily Skopov

Emily Skopov
Founder/Executive Director

C - [412.228.0239](tel:412.228.0239)

O - [412.741.1900](tel:412.741.1900)

[509 Hegner Way, Sewickley, PA 15143](mailto:509.Hegner.Way.Sewickley.PA.15143@nocrayonleftbehind.org)
[412.741.1900](tel:412.741.1900)

nocrayonleftbehind.org
A 501c3 Non-Profit
Tax I.D. # 45-3676314

Saving the world, one crayon at a time

emily.skopov@nocrayonleftbehind.org

509 Hegner Way, Sewickley, PA 15143
412.741.1900

nocrayonleftbehind.org
A 501c3 Non-Profit
Tax I.D. # 45-3676314

Saving the world, one crayon at a time