

**BOROUGH OF CARNEGIE
ALLEGHENY COUNTY, PENNSYLVANIA**

RESOLUTION NO. 2016 - 19

RESOLUTION INDICATING THE INTENT OF THE BOROUGH OF CARNEGIE TO WORK ALONG WITH ALLEGHENY COUNTY TO ACCOMPLISH THE GOALS OF THE *LIVE WELL ALLEGHENY* CAMPAIGN.

WHEREAS, in January of 2013, Allegheny County Executive Rich Fitzgerald, under the leadership of the Board of Health and Health Department Director, Dr. Karen Hacker, launched a comprehensive, innovative strategy on wellness called *Live Well Allegheny*; and

WHEREAS, living well is a broad concept that incorporates physical health, mental wellness, personal and community safety, prevention and preparedness, physical activity, nutrition, fitness, managing chronic disease, improving well-being, quality of life, education, improving our standard of living, cessation programs, vaccinations, weight loss, anti-aging, health literacy and so much more; and

WHEREAS, the health of our county residents, and the health of the residents of the Borough of Carnegie, requires a coordinated effort to ensure that programs, studies, outreach events and other efforts have the ability to improve our overall health; behavior changes requires a cultural change which *Live Well Allegheny* is intent on providing; and

WHEREAS, one of the main initiatives of the *Live Well Allegheny* campaign is to endeavor to have the participation of all 130 municipalities and to provide programming in each of those communities; the campaign can enhance the capacity of communities to effectively plan, implement, evaluate and sustain activities and interventions that accomplish the goals;

NOW, THEREFORE, BE IT RESOLVED that the Borough of Carnegie will endeavor to work along with Allegheny County to accomplish the goals of the *Live Well Allegheny* campaign; and

FURTHERMORE, that Carnegie Borough Council of the Borough of Carnegie pledges to take the following steps within our community toward these goals:

- Share information on wellness campaign events with the broader community to encourage the voluntary participation of residents.
- Plan, promote and implement a *Live Well Allegheny* event in cooperation with the campaign that encourages active living.
- Encourage multi-modal transportation of residents by providing facilities or policies that encourage walking and bike riding.
- Promote and support farmers' markets.
- Encourage involvement with community volunteer activities.
- Promote smoke-free buildings and perimeters. Young Lungs at Play.
- Utilize web sites and social media to provide information on physical activity, nutrition, stress management, tobacco cessation, and other health and wellness related initiatives.

RESOLVED by the Borough Council of the Borough of Carnegie, Allegheny County, Commonwealth of Pennsylvania at its' meeting held of the 12th day of September, 2016.

ATTEST:

THE BOROUGH OF CARNEGIE


BOROUGH MANAGER


COUNCIL PRESIDENT