



Rankin Christian Center

George Pence
President, Board of Directors

230 Third Ave., Rankin, PA 15104-1191
Phone (412)271-8313 Fax (412)436-2147

Rev. Paul A. Sandusky
Executive Director
May 10, 2016

Dr. Karen A. Hacker, Director
Allegheny County Health Department
542 Fourth Avenue
Pittsburgh, PA 15219

Dear Dr. Hacker,

Rankin Christian Center seeks to participate in the Live Well Allegheny campaign by gaining Live Well status as a Live Well Workplace. We intend to work with Allegheny County to accomplish the goals of the campaign. The Rankin Christian Center management team met to discuss the plan and unanimously agreed to move forward with the actions outlined on page 2.

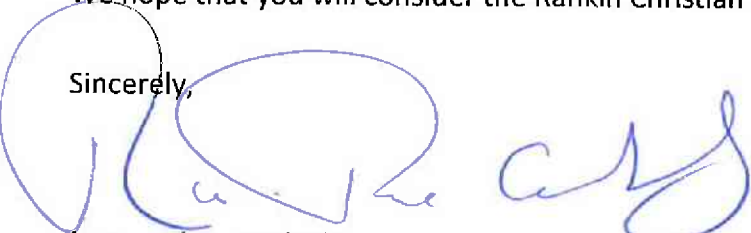
Making an impact on the well-being of our employees and those we serve in the community is, and has been a part of our mission statement.

Mission Statement: The Rankin Christian Center is a non-profit, faith based community social service agency, primarily focusing on serving underserved communities in the Mon Valley of Allegheny County. Providing program services to at-risk youth, individuals who need support in accessing social services and families in crisis, enhancing their opportunities to develop physically, mentally, and spiritually, by offering a holistic approach to ministry, thereby allowing us the opportunity to impact the future of those we serve.

We believe this campaign is a seamless fit to our passion and will only complement the holistic approach to improving the lives of our staff and consumers.

We hope that you will consider the Rankin Christian Center a good fit for the Live Well Campaign.

Sincerely,


Rev. Paul A. Sandusky
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Rankin Christian Center formally commits to the action steps identified below as a means to attain the status “Live Well Workplace”.

1. Building Facilities, Workplace Environment

- Provide healthy food options during company meetings and functions
- Ensure well-lit, safe stairwells
- Provide access to filtered water cooler dispenser
- Access to on-site room for fitness activity (gymnasium)
- Provide space for a workplace garden.

2. Policy Integration

- Provide employees comprehensive health insurance including dental and preventative care with low copays

3. Health Education, Screening and Prevention

- Onsite health fair and screenings for staff and community members in collaboration with local health providers
- Make available health and wellness educational resources to employees via printed material and electronic mail
- Encourage walking or fitness group before or after work
- Organize fitness classes onsite in gymnasium and Senior Citizen group
- Encourage Stair use through positive visible prompts
- Promote tobacco cessation groups and provide resources
- Provide easy access to information on local providers of health related programs, events and farmers markets through printed material and electronic mail.

4. Leadership Commitment and Employee Ownership

- Organization leaders actively demonstrate support for staff wellness and participate in wellness activities and programs