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**Borough of Green Tree** 

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March 18, 2016

Dr. Karen A. Hacker, Director Allegheny County Health Department 542 Fourth Avenue Pittsburgh, PA 15219

Re: Live Well Allegheny

## Dear Director Hacker:

I am very pleased to attached Resolution #1229 which was passed by Green Tree Borough Council at their meeting on Monday, March 7, 2016, indicating the intent of Green Tree to work along with Allegheny County to accomplish the goals of the Live Well Allegheny Campaign.

After review by the County, please let us know when Green Tree is designated as a Live Well Community in Allegheny County and the next steps that will be taken in the process.

Should you have any questions or need anything further, please let me know. If I am unavailable, please speak with my assistant Janice, who can also be emailed at <a href="mailto:jadamski@greentreeboro.com">jadamski@greentreeboro.com</a>.

Regards,

W. David Montz, Manager BOROUGH OF GREEN TREE

/jca

**Enclosures** 

## **RESOLUTION #1229**

## **BOROUGH OF GREEN TREE**

## ALLEGHENY COUNTY, PENNSYLVANIA

RESOLUTION INDICATING THE INTENT OF THE BOROUGH OF GREEN TREE TO WORK ALONG WITH ALLEGHENY COUNTY TO ACCOMPLISH THE GOALS OF THE *LIVE WELL ALLEGHENY* CAMPAIGN

WHEREAS, in January of 2013, Allegheny County Executive Rich Fitzgerald, under the leadership of the Board of Health and Health Department Director Dr. Karen Hacker, launched a comprehensive, innovative strategy on wellness called *Live Well Allegheny*; and

WHEREAS, living well is a broad concept that incorporates physical health, mental wellness, personal and community safety, prevention and preparedness, physical activity, nutrition, fitness, managing chronic disease, improving well-being, quality of life, education, improving our standard of living, cessation programs, vaccinations, weight loss, anti-aging, health literacy and so much more; and

WHEREAS, the health of our county residents, and the health of Green Tree residents, requires a coordinated effort to ensure that programs, studies, outreach events and other efforts have the ability to improve our overall health; behavior changes requires a cultural change which *Live Well Allegheny* is intent on providing; and

WHEREAS, one of the main initiatives of the *Live Well Allegheny* campaign is to endeavor to have the participation of all 130 municipalities and to provide programming in each of those communities; the campaign can enhance the capacity of communities to effectively plan, implement, evaluate and sustain activities and interventions that accomplish the goals;

**WHEREAS,** the Borough of Green Tree has already implemented many of the goals *of Live Well Allegheny,* including:

- Promoting participation in a voluntary wellness campaign for the Borough's employees
- Sharing information on recreation and learning events with the broader community to encourage the voluntary participation of residents
- Developing and maintaining outdoor wellness trails accessible to residents of all abilities
- Development and display of walking maps; measuring the distances mapped and encouraging residents to meet goals
- Offering and adding healthy foods offered in borough owned concessions stands

- Establishing, promoting and supporting the Green Tree Farmers Market
- Encouraging involvement with community volunteer activities
- Promoting smoke-free buildings and perimeters
- Providing health information focused on monthly or seasonal events
- Providing information on health and wellness related initiatives through our website and other social media outlets including our quarterly newsletter and weekly emails

**NOW, THEREFORE, BE IT RESOLVED** that the Borough of Green Tree will endeavor to work along with Allegheny County to continue to maintain and accomplish the goals of the *Live Well Allegheny* campaign; and

**FURTHERMORE,** that the elected officials of the Borough of Green Tree pledge to take the following steps within our community toward these goals:

- Plan, promote and implement a Live Well Allegheny event in cooperation with the campaign that encourages active living
- Develop and maintain indoor wellness trails accessible to residents of all abilities
- Develop incentives for employees who walk or bike to work
- Encourage multi-modal transportation of residents by providing facilities or policies that encourage walking and bike riding
- Work with the vending companies to post calories and nutrient contents and amounts for the foods offered in borough owned vending machines and concessions stands
- Expand existing smoke-free zones in buildings, perimeters and parks

**ORDAINED** and **ENACTED** into law this 7<sup>th</sup> day of March, 2016.

ATTEST:

W. David Montz, Manager

**BOROUGH OF GREEN TREE** 

Mark Sampogna, Presidént

**GREEN TREE BOROUGH COUNCIL** 

**EXAMINED** and **APPROVED** by me this day of March, 2016

Edward A. Schenck, Mayor

**BOROUGH OF GREEN TREE**