



MT. LEBANON
PENNSYLVANIA

MUNICIPAL BUILDING
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January 27, 2016

Allegheny County Health Department
Attn: Ms. Karen Hacker, Director
542 4th Avenue
Pittsburgh, PA 15219

Re: Live Well Allegheny Resolution – Mt. Lebanon, Pennsylvania

Dear Ms. Hacker:

I am pleased to submit Mt. Lebanon Resolution R-3-16. This Resolution demonstrates the Municipality of Mt. Lebanon's commitment to the spirit and parameters of the Live Well Allegheny program.

Mt. Lebanon is eager to join this program to promote wellness to our 33,000 citizens. Already, we engage in numerous activities to promote health in a myriad of ways – our Uptown Farmers' Market, offering volunteer opportunities to enhance the quality of life in our community, cycling and walking events and many other initiatives that we shall celebrate in a partnership with Allegheny County.

We are excited to be included in the Live Well Allegheny campaign. We look forward to your review of this Resolution and are available to address any questions you may have.

Best Regards,

Eric Milliron
Commercial Districts Manager

cc: Hannah Hardy, Allegheny County Health Dept.
Keith McGill, Manager

MT. LEBANON, PENNSYLVANIA
RESOLUTION R-3-16

RESOLUTION INDICATING THE INTENT TO WORK ALONG WITH ALLEGHENY
COUNTY TO ACCOMPLISH THE GOALS OF THE *LIVE WELL ALLEGHENY* CAMPAIGN

WHEREAS, in January of 2013, Allegheny County Executive Rich Fitzgerald, under the leadership of the Board of Health and Health Department Director Dr. Karen Hacker, launched a comprehensive, innovative strategy on wellness called *Live Well Allegheny*; and

WHEREAS, living well is a broad concept that incorporates physical health, mental wellness, personal and community safety, prevention and preparedness, physical activity, nutrition, fitness, managing chronic disease, improving well-being, quality of life, education, improving our standard of living, cessation programs, vaccinations, weight loss, anti-aging, health literacy and so much more; and

WHEREAS, the health of Mt Lebanon residents may be enhanced with a coordinated effort to ensure that programs, studies, outreach events and other efforts have the ability to improve our overall health.

NOW, THEREFORE, BE IT RESOLVED that Mt. Lebanon will endeavor to work along with Allegheny County to attempt to accomplish the goals of the *Live Well Allegheny* campaign; and

FURTHER RESOLVED, that Mt. Lebanon intends to continue with suitable programs within our community in furtherance of these goals, which may include:

- the Uptown Mt. Lebanon Farmers' Market,
- encouragement of community volunteers in activities,
- the Tour de Mt. Lebanon,
- countless recreational opportunities, and
- Numerous other healthy initiatives.

ADOPTED this 25th day of January, 2016

ATTEST:

MT. LEBANON, PENNSYLVANIA


Secretary/Manager


President
Mt. Lebanon Commission