

The Borough of Sewickley

Pennsylvania

INCORPORATED 1853

BOROUGH MANAGER'S OFFICE

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To: Hacker

September 10, 2015

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Brian F. Jeffe

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BOROUGH SOLICITOR
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TAX COLLECTOR
Amy M. Kelly

ZONING/
CODE ENFORCEMENT
Nancy Watts

Dr. Karen Hacker
Director
Allegheny County Health Department
3333 Forbes Avenue
Pittsburgh, PA 15213

RE: Borough of Sewickley

Dear Dr. Hacker:

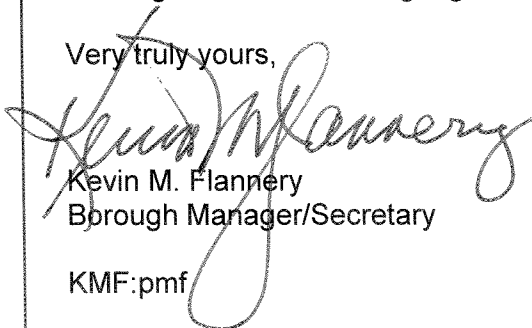
The Borough of Sewickley is pleased and excited to join in the *Live Well Allegheny* Campaign. At the August 17, 2015 Council Meeting, Borough Council unanimously adopted Borough of Sewickley Resolution No. 2015-015, formally supporting and participating in the campaign.

Please be advised that the Borough of Sewickley has helped to further goals by:

- 5-Year Employee Wellness Program, including steps, weight loss, heart rate, awareness and annual physicals
- As Member of Municipal Benefits Services for health care benefits, were able to fund FitBits for all employees
- Borough holds the following four 5K Races:
 - Wounded Warriors – March 7, 2015
 - Sewickley Unleashed – May 16, 2015
 - Quaker Valley Recreation Association – June 20, 2015
 - Heritage Valley Health System Heart and Sole – October 10, 2015
- Promotes Smoke-free building and parks
- Supports a weekly Farmers' Market at St. James Church
- Increase wellness awareness on Borough Website and Sewickley TV Verizon 38 and Comcast 565.

Looking forward to working together for a healthier Allegheny County.

Very truly yours,



Kevin M. Flannery
Borough Manager/Secretary

KMF:pmf

cc: Mayor Brian Jeffe

Enclosure

**BOROUGH OF SEWICKLEY
RESOLUTION NO. 2015-016**

A RESOLUTION OF THE BOROUGH OF SEWICKLEY, ALLEGHENY COUNTY, PENNSYLVANIA, AGREEING TO WORK COOPERATIVELY WITH THE LIVE WELL ALLEGHENY CAMPAIGN THROUGH THE ESTABLISHMENT OF “LIVE WELL SEWICKLEY BOROUGH” TO WORK TOWARD THE SHARED GOALS OF PROMOTING HEALTHY LIVING, WELLNESS AND QUALITY OF LIFE FOR ALL LOCAL RESIDENTS

WHEREAS, Allegheny County, through the leadership of Allegheny County Chief Executive Rich Fitzgerald and Health Department Director Dr. Karen Hacker, this year launched “*Live Well Allegheny*” to promote healthy active living; and

WHEREAS, the Borough of Sewickley desires to work with the *Live Well Allegheny* campaign to accomplish its goals and shares many of them; and

WHEREAS, the Borough of Sewickley has 1) actively promoted a voluntary Wellness Campaign for all Borough employees since 2011; 2) purchased Fitbits for all employees through Municipal Benefit Services rebates; 3) promotes smoke-free buildings; 4) supports a weekly Farmers Market at St. James Church, April through October; 5) sponsors four annual 5K Run Walks – Wounded Warriors, March 7, 2015; Sewickley Unleashed, May 16, 2015; Quaker Valley Recreation Association, June 20, 2015; and the Heritage Valley Health System Heart and Sole, October 10, 2015; and

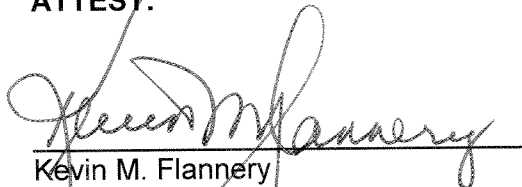
WHEREAS, the Borough seeks to share information on wellness campaign events with the broader community to encourage the voluntary participation of the residents; and

WHEREAS, the Borough of Sewickley seeks a holistic approach to improving the quality of life for everyone in the borough, including not only physical health, but financial empowerment and food security.

NOW, THEREFORE, BE IT RESOLVED, by the Borough of Sewickley will work cooperatively with the Live Well Allegheny campaign through the establishment of "Live Well Sewickley Borough" to work toward the shared totals of promoting health living, wellness and quality-of-life for all local residents.

THIS RESOLUTION ADOPTED by the Council of the Borough of Sewickley at a duly assembled public meeting held this 17th day of August, 2015.

ATTEST:



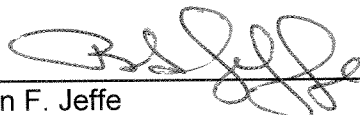
Kevin M. Flannery
Borough Manager/Secretary

BOROUGH OF SEWICKLEY

By 

Susan H. Aleshire
President of Council

EXAMINED AND APPROVED on the 17th day of August, 2015.



Brian F. Jeffe
Mayor