



# Township of Scott

## Board of Commissioners

301 Lindsay Road, Scott Township, PA 15106 (412) 276-5300  
FAX (412) 276-0953

January 28, 2015

### Commissioners

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President

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Vice President

Stacey A. Altman

David G. Calabria

Patricia A. Caruso

Thomas M. Castello, Esq.

Eileen L. Meyers

Craig C. Stephens, Esq.

William E. Wells

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Township Manager  
Secretary-Treasurer

Robert L. McTiernan, Esq.  
Solicitor

Lawrence J. Lennon, P.E.  
Engineer

Lisa Riley  
Real Estate Tax Collector

Jordan Tax Service  
Act 511 Tax Collector

Karen A. Hacker, M.D., M.P.H, Director  
Allegheny County Health Department  
955 Rivermont Drive  
Pittsburgh, PA 15207

### **RE: LIVE WELL ALLEGHENY CAMPAIGN**

Dr. Hacker:

At their Regular Meeting of January 27, 2015 the Scott Township Board of Commissioners adopted **Resolution No. 869-15** indicating the intent of the community to work along with Allegheny County to accomplish the goals of the Live Well Allegheny Campaign.

The Board of Commissioners pledge to take the following steps within our community toward these goals:

- Promote participation in a voluntary wellness campaign for the community's employees.
- Develop indoor and outdoor wellness trails accessible to residents of all abilities.
- Ask vending machine companies to add healthy foods, and work with the company to post calories and nutrient contents and amounts for the foods offered.
- Encourage involvement with community volunteer activities.
- Promote smoke-free buildings and perimeters.
- Utilize township web-site and social media to provide information on physical activity, nutrition, stress management, tobacco cessation, and other health and wellness related initiatives.

*AK -  
Copy to Hannah  
+ to  
Annie Downs*

An original of the resolution is enclosed for your file.

If you have any questions or need any additional information,  
please do not hesitate to contact me.

Sincerely,

  
Denise H. Fitzgerald  
Township Manager

DHF/kdg  
Enc.

Cc: File

**SCOTT TOWNSHIP  
ALLEGHENY COUNTY, PENNSYLVANIA**

**RESOLUTION NO. 869-15**

**RESOLUTION INDICATING THE INTENT OF SCOTT TOWNSHIP TO WORK ALONG WITH ALLEGHENY  
COUNTY TO ACCOMPLISH THE GOALS OF THE *LIVE WELL ALLEGHENY* CAMPAIGN**

**WHEREAS**, in January of 2013, Allegheny County Executive Rich Fitzgerald, under the leadership of the Board of Health and Health Department Director Dr. Karen Hacker, launched a comprehensive, innovative strategy on wellness called *Live Well Allegheny*; and

**WHEREAS**, living well is a broad concept that incorporates physical health, mental wellness, personal and community safety, prevention and preparedness, physical activity, nutrition, fitness, managing chronic disease, improving well-being, quality of life, education, improving our standard of living, cessation programs, vaccinations, weight loss, anti-aging, health literacy and so much more; and

**WHEREAS**, the health of our county residents, and the health of Scott Township residents, requires a coordinated effort to ensure that programs, studies, outreach events and other efforts have the ability to improve our overall health; behavior changes requires a cultural change which *Live Well Allegheny* is intent on providing; and

**WHEREAS**, one of the main initiatives of the *Live Well Allegheny* campaign is to endeavor to have the participation of all 130 municipalities and to provide programming in each of those communities; the campaign can enhance the capacity of communities to effectively plan, implement, evaluate and sustain activities and interventions that accomplish the goals;

**NOW, THEREFORE, BE IT RESOLVED** that the Township of Scott will endeavor to work along with Allegheny County to accomplish the goals of the *Live Well Allegheny* campaign; and

**FURTHERMORE**, that the Board of Commissioners of the Township of Scott pledges to take the following steps within our community toward these goals:

[Insert or delete as appropriate; the resolution should reflect at least three action steps that are being committed to for participation]

- Promote participation in a voluntary wellness campaign for the community's employees
- Share information on wellness campaign events with the broader community to encourage the voluntary participation of residents
- Plan, promote and implement a Live Well Allegheny event in cooperation with the campaign that encourages active living
- Develop indoor and outdoor wellness trails accessible to residents of all abilities


- Develop walking maps; measure the distances mapped and encourage residents to meet goals
- Offer incentives for employees who walk or bike to work
- Encourage multi-modal transportation of residents by providing facilities or policies that encourage walking and bike riding
- Ask your vending machine company to add healthy foods, and work with the company to post calories and nutrient contents and amounts for the foods offered
- Promote and support farmers' markets
- Encourage involvement with community volunteer activities
- Promote smoke-free buildings and perimeters
- Provide health information focused on monthly or seasonal events
- Utilize web sites and social media to provide information on physical activity, nutrition, stress management, tobacco cessation, and other health and wellness related initiatives

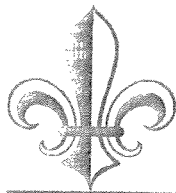
**ADOPTED** this 27th day of January, 2015 by the Board of Commissioners of the Township of Scott.

**ATTEST:**

  
Denise H. Fitzgerald  
Township Manager

**TOWNSHIP OF SCOTT**

  
David A Jason  
President, Board of Commissioners



**TOWNSHIP OF SOUTH FAYETTE  
ALLEGHENY COUNTY, PENNSYLVANIA**

**RESOLUTION No. 1 of 2015**

**A RESOLUTION OF SOUTH FAYETTE TOWNSHIP, ALLEGHENY COUNTY, PENNSYLVANIA, AGREEING TO WORK COOPERATIVELY WITH THE LIVE WELL ALLEGHENY CAMPAIGN THROUGH THE ESTABLISHMENT OF "LIVE WELL SOUTH FAYETTE TOWNSHIP" TO WORK TOWARD THE SHARED GOALS OF PROMOTING HEALTHY LIVING, WELLNESS AND QUALITY OF LIFE FOR LOCAL RESIDENTS AND COMMUNITY MEMBERS.**

**WHEREAS**, Allegheny County, through the leadership of Chief Executive Rich Fitzgerald and Health Department Director Dr. Karen Hacker, last year launched "Live Well Allegheny" to promote healthy, active living; and

**WHEREAS**, South Fayette Township plans to share wellness initiatives and information on our newly launched website and social media pages; promotes our local farmers market and food bank; sponsors sports and recreation programs that encourage physical and social activity among the public; actively develops a voluntary employee wellness program; fields a relay team for the 2015 Pittsburgh Marathon as part of a township running club; and establishes smoke-free zones;

**WHEREAS**, South Fayette Township seeks to share information on wellness campaign events with the broader community to encourage voluntary participation; and

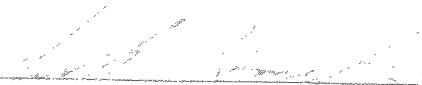
**WHEREAS**, South Fayette Township seeks a holistic approach to improving quality of life;

**NOW, THEREFORE, BE IT RESOLVED** that South Fayette Township will work cooperatively with the "Live Well Allegheny" campaign through the establishment of "Live Well South Fayette Township" to work toward the shared goals of promoting healthy living, wellness and quality of life for local residents and community members.

RESOLVED and ENACTED this 18<sup>th</sup> day of March, 2015.

Attest:

  
\_\_\_\_\_  
RYAN T. EGGLESTON  
TOWNSHIP MANAGER

TOWNSHIP OF SOUTH FAYETTE  
  
\_\_\_\_\_  
JOSEPH HOROWITZ, CHAIRMAN  
BOARD OF COMMISSIONERS