

**BOROUGH OF HEIDELBERG  
ALLEGHENY COUNTY, PENNSYLVANIA**

**RESOLUTION NO. 16-2014**

**RESOLUTION INDICATING THE INTENT OF THE BOROUGH OF HEIDELBERG  
TO WORK ALONG WITH ALLEGHENY COUNTY TO ACCOMPLISH THE GOALS  
OF THE *LIVE WELL ALLEGHENY* CAMPAIGN**

**WHEREAS**, in January of 2013, Allegheny County Executive Rich Fitzgerald, under the leadership of the Board of Health and Health Department Director Dr. Karen Hacker, launched a comprehensive, innovative strategy on wellness called *Live Well Allegheny*; and

**WHEREAS**, living well is a broad concept that incorporates physical health, mental wellness, personal and community safety, prevention and preparedness, physical activity, nutrition, fitness, managing chronic disease, improving well-being, quality of life, education, improving our standard of living, cessation programs, vaccinations, weight loss, anti-aging, health literacy and so much more; and

**WHEREAS**, the health of our county residents, and the health of Heidelberg's residents, requires a coordinated effort to ensure that programs, studies, outreach events and other efforts have the ability to improve our overall health; behavior changes requires a cultural change which *Live Well Allegheny* is intent on providing; and

**WHEREAS**, one of the main initiatives of the *Live Well Allegheny* campaign is to endeavor to have the participation of all 130 municipalities and to provide programming in each of those communities; the campaign can enhance the capacity of communities to effectively plan, implement, evaluate and sustain activities and interventions that accomplish the goals;

**NOW, THEREFORE, BE IT RESOLVED** that the Borough of Heidelberg will endeavor to work along with Allegheny County to accomplish the goals of the *Live Well Allegheny* campaign; and

**FURTHERMORE**, that the Borough Council and Mayor of Heidelberg Borough pledge to take the following steps within our community toward these goals:

- Share information on wellness campaign events with the broader community to encourage the voluntary participation of residents
- Develop outdoor wellness trails accessible to residents of all abilities
- Develop walking maps; measure the distances mapped and encourage residents to meet goals
- Encourage multi-modal transportation of residents by providing facilities or policies that encourage walking and bike riding
- Encourage involvement with community volunteer activities
- Promote smoke-free buildings, parks and perimeters

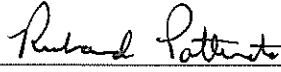
**ADOPTED** this 16th day of December, 2014 by the Borough Council of the Borough of Heidelberg.

**ATTEST:**

**BOROUGH OF HEIDELBERG:**

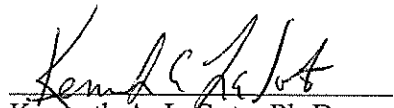


Joseph Kauer  
Borough Manager / Secretary



Richard Pattinato  
President of Council

**Approved, in testimony whereof I have hereunto set my hand, and caused the Seal of the Borough of Heidelberg to be affixed, 16<sup>th</sup> day of December, 2014.**



Kenneth A. LaSota, Ph.D.,  
Mayor