

BOARD OF SUPERVISORS

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Township of Findlay

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July 27, 2015

Dr. Karen Hacker, Director
Allegheny County Health Department
542 Forbes Avenue
Pittsburgh, PA 15219

RE: Live Well Allegheny

Dear Dr. Hacker,

Findlay Township is committed to its employees and community wellness by adopting the enclosed Resolution 2015-21. Please let me know if you need any additional information for the Township to be designated a Live Well Allegheny Community.

Sincerely,

A handwritten signature in black ink, appearing to read 'C. Caruso', written over a horizontal line.

Christopher J. Caruso
Township Manager

CJC/cdh

Enclosure

FINDLAY TOWNSHIP
RESOLUTION NO. 2015-21

A RESOLUTION INDICATING THE INTENT OF FINDLAY TOWNSHIP TO WORK ALONG WITH ALLEGHENY COUNTY TO ACCOMPLISH THE GOALS OF THE *LIVE WELL ALLEGHENY* CAMPAIGN

WHEREAS, Allegheny County Executive Rich Fitzgerald, under the leadership of the Board of Health and Health Department Director Dr. Karen Hacker, launched a comprehensive, innovative strategy on wellness called *Live Well Allegheny*; and

WHEREAS, living well is a broad concept that incorporates physical health, mental wellness, personal and community safety, prevention and preparedness, physical activity, nutrition, fitness, managing chronic disease, improving well-being, quality of life, education, improving our standard of living, cessation programs, vaccinations, weight loss, anti-aging, health literacy and so much more; and

WHEREAS, the health of our county residents, and the health of Findlay residents, requires a coordinated effort to ensure that programs, studies, outreach events and other efforts have the ability to improve our overall health; behavior changes requires a cultural change which *Live Well Allegheny* is intent on providing; and

WHEREAS, one of the main initiatives of the *Live Well Allegheny* campaign is to endeavor to have the participation of all 130 municipalities and to provide programming in each of those communities; the campaign can enhance the capacity of communities to effectively plan, implement, evaluate and sustain activities and interventions that accomplish the goals;

NOW, THEREFORE, BE IT RESOLVED that the Findlay Township will endeavor to work along with Allegheny County to accomplish the goals of the *Live Well Allegheny* campaign; and

FURTHERMORE, Findlay Township pledges to take the following steps within our community toward these goals:

- Promote participation in a voluntary wellness campaign for the community's employees
- Share information on wellness campaign events with the broader community to encourage the voluntary participation of residents
- Plan, promote and implement a Live Well Allegheny event in cooperation with the campaign that encourages active living
- Develop indoor and outdoor wellness trails accessible to residents of all abilities
- Provide fitness programming for employees and residents to encourage increased physical activity

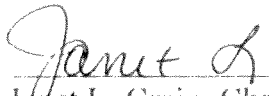
- Encourage multi-modal transportation of residents by providing walking and bike riding
- Promote and support farmers' markets
- Encourage involvement with community volunteer activities
- Promote smoke-free buildings and perimeters
- Provide health information focused on monthly or seasonal health concerns
- Utilize web sites and social media to provide information on stress management, tobacco cessation, and other health and safety issues

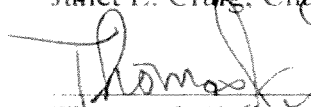
On motion duly made and seconded, the above Resolution was hereby adopted on the 14th day of July, 2015.


ATTEST:

FINDLAY TOWN
BOARD OF SUPERVISORS


Cheryl L. Rinehart, Secretary


Janet L. Craig, Chair


Thomas J. Gallant,


Raymond L. Chapin