

OFFICIAL

BOROUGH OF ETNA

RESOLUTION NO. 1356 C

A RESOLUTION OF THE COUNCIL OF THE BOROUGH OF ETNA, COUNTY OF ALLEGHENY, COMMONWEALTH OF PENNSYLVANIA, INDICATING THE INTENT OF ETNA BOROUGH TO WORK ALONG WITH ALLEGHENY COUNTY TO ACCOMPLISH THE GOALS OF *LIVE WELL ALLEGHENY CAMPAIGN*

WHEREAS, in January of 2013, Allegheny County Executive Rich Fitzgerald, under the leadership of the Board of Health and the Health Department and Health Department Director, Dr. Karen Hacker, launched a comprehensive innovative strategy on wellness called *Live Well Allegheny*, and

WHEREAS, living well is a broad concept that incorporates physical health, mental wellness, personal and community safety, prevention and preparedness, physical activity, nutrition, fitness, managing chronic disease, improving well-being, quality of life, education, improving our standard of living, cessation programs, vaccinations, weight loss, anti-aging, health literacy and much more; and

WHEREAS, the health of our county residents, and the health of Etna Borough residents requires a coordinated effort to ensure that programs, studies, outreach events and other efforts have the ability to improve our overall health; behavior changes requires a cultural change which *Live Well Allegheny* is intent on providing; and

WHEREAS, one of the main initiatives of the *Live Well Allegheny* is to endeavor to have the participation of all 130 municipalities and to provide programming in each of those communities; the campaign can enhance the capacity of communities to effectively plan, implement, evaluate and sustain activities and intervention that accomplish those goals;

NOW, THEREFORE BE IT RESOLVED that the Borough of Etna will endeavor to work along with Allegheny County to accomplish the goals of the *Live Well Allegheny* campaign, and

FURTHERMORE, that the Town Council of the Borough of Etna, pledges to take the following steps within our community toward these goals:


- Promote participation in a voluntary wellness campaign for the community's employees
- Share information on wellness events with the broader community to encourage the voluntary participation of residents
- Plan, promote and implement a Live Well Allegheny event in cooperation with the campaign that encourages active living
- Develop outdoor wellness trails accessible to residents of all abilities
- Develop walking maps, measure the distances mapped and encourage residents to meet goals
- Encourage multi-modal transportation of residents by providing facilities or policies that encourage walking and bike riding
- Promote and support farmer's markets
- Encourage involvement with community volunteer activities


- Promote smoke free parks, buildings and perimeters
- Provide health information focused on monthly or seasonal events
- Utilize websites and social media to provide information on physical activity, nutrition, stress management, tobacco cessation and other health and wellness related initiatives.

RESOLVED AND ADOPTED this 17th day of February, 2015 by the Council of the Borough of Etna.

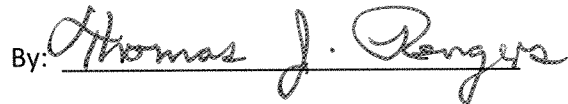
BOROUGH OF ETNA,

ATTEST:

By: 
Mary Ellen Ramage, Secretary-Manger


Peter Ramage, President

EXAMINED AND APPROVED this 17th day of February, 2015.

By: 
Thomas Rengers, Mayor