



BOROUGH OF DORMONT

BOROUGH OF DORMONT ALLEGHENY COUNTY, PENNSYLVANIA RESOLUTION NO. 11-2015

RESOLUTION INDICATING THE INTENT OF THE BOROUGH OF DORMONT TO WORK ALONG WITH ALLEGHENY COUNTY TO ACCOMPLISH THE GOALS OF THE *LIVE WELL ALLEGHENY* CAMPAIGN

WHEREAS, in January of 2013, Allegheny County Executive Rich Fitzgerald, under the leadership of the Board of Health and Health Department Director Dr. Karen Hacker, launched a comprehensive, innovative strategy on wellness called *Live Well Allegheny*; and

WHEREAS, living well is a broad concept that incorporates physical health, mental wellness, personal and community safety, prevention and preparedness, physical activity, nutrition, fitness, managing chronic disease, improving well-being, quality of life, education, improving our standard of living, cessation programs, vaccinations, weight loss, anti-aging, health literacy and so much more; and

WHEREAS, the health of our county residents, and the health of The Borough of Dormont residents, requires a coordinated effort to ensure that programs, studies, outreach events and other efforts have the ability to improve our overall health; behavior changes requires a cultural change which *Live Well Allegheny* is intent on providing; and

WHEREAS, one of the main initiatives of the *Live Well Allegheny* campaign is to endeavor to have the participation of all 130 municipalities and to provide programming in each of those communities; the campaign can enhance the capacity of communities to effectively plan, implement, evaluate and sustain activities and interventions that accomplish the goals;

NOW, THEREFORE, BE IT RESOLVED that the Borough of Dormont will endeavor to work along with Allegheny County to accomplish the goals of the *Live Well Allegheny* campaign; and

FURTHERMORE, that the Council of the Borough of Dormont pledges to take the following steps within our community toward these goals:

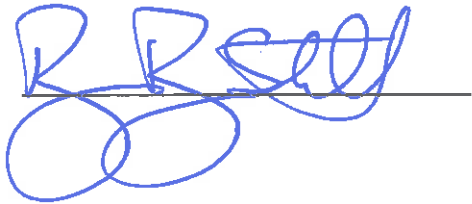
- Continue to develop outdoor wellness trails accessible to residents of all abilities in the Borough parks
- Continue to promote and support The Dormont Borough Farmers' Market
- Encourage involvement with community volunteer activities
- Promote smoke-free buildings and perimeters

- Sponsor the annual Dormont Dash 5K run/walk
- Utilize web sites and social media to provide information on physical activity, nutrition, stress management, tobacco cessation, and other health and wellness related initiatives

ADOPTED this 6th day of July, 2015 by the Council of the Borough of Dormont.

ATTEST:

BOROUGH OF DORMONT:

A handwritten signature in blue ink, appearing to be "R. R. Sell", written over a horizontal line.A handwritten signature in blue ink, appearing to be "M. Kelly", written over a horizontal line.