



## THE BOROUGH OF BRENTWOOD

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April 8, 2015

Dr. Karen Hacker  
Allegheny County Health Department  
3333 Forbes Avenue  
Pittsburgh, PA 15213

Dear Dr. Hacker:

The Borough of Brentwood is pleased to pledge its commitment to the *Live Well Allegheny* campaign. At its November 2014 regular meeting, Borough Council adopted Resolution 2014-79, which formally authorized municipal participation in the program. A copy of the resolution is enclosed with this letter. The Borough will help to further the goals of the campaign by taking the following action:

- Promote participation in a voluntary wellness campaign for the community's employees: *The Borough Manager and Finance/HR Director will work together to develop such a campaign. Staff has begun to research similar programs that have been initiated in other communities.*
- Share information on wellness campaign events with the broader community to encourage the voluntary participation of residents: *The Borough will advertise Live Well Allegheny events in its quarterly community magazine. Articles will additionally be generated for placement on the municipal website.*
- Plan, promote, and implement a Live Well Allegheny event in cooperation with the campaign: *Brentwood Borough helps to sponsor an annual "Firecracker 5K" race during its July 4<sup>th</sup> celebration. The Borough Parks & Recreation Department also hosts fitness activities, including Zumba, PiYo, and "Insanity" workout courses.*
- Develop walking maps, and encourage residents to meet fitness goals: *It is anticipated that an engineering intern will assist the Borough in creating walking maps. The municipality is also planning to sign an unimproved nature trail through a wooded portion of our community; this trail may be graded and developed as funding becomes available.*
- Promote smoke-free buildings and perimeters: *By resolution, Borough Council has banned smoking at all Borough facilities, including our municipal park. "No smoking" signs are present at Borough buildings.*
- Utilize websites and social media to provide information on physical activity, nutrition, stress management, tobacco cessation, and other health initiatives: *The Borough has devoted a specific portion of its website to public outreach documents. In the coming months, additional health and wellness articles will be added to this section.*

If you have any further questions, feel free to give me a call.

Sincerely,

BRENTWOOD BOROUGH

Eric Pecon  
Asst. Borough Manager  
412-884-1500 x116



# BOROUGH OF BRENTWOOD

RESOLUTION NO. 2014-79

**RESOLUTION INDICATING THE INTENT OF THE BOROUGH OF BRENTWOOD, COUNTY OF ALLEGHENY TO WORK ALONG WITH ALLEGHENY COUNTY TO ACCOMPLISH THE GOALS OF THE *LIVE WELL ALLEGHENY* CAMPAIGN**

**WHEREAS**, in January of 2013, Allegheny County Executive Rich Fitzgerald, under the leadership of the Board of Health and Health Department Director Dr. Karen Hacker, launched a comprehensive, innovative strategy on wellness called *Live Well Allegheny*; and

**WHEREAS**, living well is a broad concept that incorporates physical health, mental wellness, personal and community safety, prevention and preparedness, physical activity, nutrition, fitness, managing chronic disease, improving well-being, quality of life, education, improving our standard of living, cessation programs, vaccinations, weight loss, anti-aging, health literacy and so much more; and

**WHEREAS**, the health of our county residents, and the health of Brentwood Borough residents, requires a coordinated effort to ensure that programs, studies, outreach events and other efforts have the ability to improve our overall health; behavior changes requires a cultural change which *Live Well Allegheny* is intent on providing; and

**WHEREAS**, one of the main initiatives of the *Live Well Allegheny* campaign is to endeavor to have the participation of all 130 municipalities and to provide programming in each of those communities; the campaign can enhance the capacity of communities to effectively plan, implement, evaluate and sustain activities and interventions that accomplish the goals;

**NOW, THEREFORE, BE IT RESOLVED** that the Borough of Brentwood will endeavor to work along with Allegheny County to accomplish the goals of the *Live Well Allegheny* campaign; and

**FURTHERMORE**, that the Council of the Borough of Brentwood, County of Allegheny pledges to take the following steps within our community toward these goal:

- Promote participation in a voluntary wellness campaign for the community's employees; and
- Share information on wellness campaign events with the broader community to encourage the voluntary participation of residents
- Plan, promote and implement a Live Well Allegheny event in cooperation with the campaign that encourages active living
- Develop walking maps; measure the distances mapped and encourage residents to meet goals
- Promote smoke-free buildings and perimeters
- Utilize web sites and social media to provide information on physical activity, nutrition, stress management, tobacco cessation, and other health and wellness related initiatives

**RESOLVED AND ADOPTED** by the Council of the Borough of Brentwood, County of Allegheny and Commonwealth of Pennsylvania, meeting in regular and public session, this 24<sup>th</sup> day of November, 2014.

**ATTEST:**

**BOROUGH OF BRENTWOOD**

  
George Zbøyovsky, PE  
Borough Manager

  
Martin Vickless  
President of Council