



McKEESPORT AREA
School District

August 27, 2015

To whom it may concern,

Please accept this letter as notification of interest to participate in the Live Well Allegheny school partnership. Enclosed with this letter, you will find the resolution passed by our school board this month outlining the four action steps that we will be taking this year in order to participate. Should you have any additional questions or needs from me, please do not hesitate to call me at 412-664-3645, or email me at KDavis@mckasd.net.

Thank you and I look forward to hearing from you.

Sincerely,

A handwritten signature in cursive script that reads "Kristen M. Davis".

Kristen M. Davis

Public Relations Specialist/Homeless Liaison

McKeesport Area School District

Enclosures: Resolution No. 1125

McKEESPORT AREA SCHOOL DISTRICT
ALLEGHENY COUNTY, PENNSYLVANIA

RESOLUTION NO. 1125

A RESOLUTION OF THE BOARD OF DIRECTORS OF THE
McKEESPORT AREA SCHOOL DISTRICT APPROVING THE
PARTICIPATION IN THE *LIVE WELL ALLEGHENY*
CAMPAIGN TO WORK TOWARD THE SHARED GOALS OF
PROMOTING HEALTHY LIVING, WELLNESS, AND
QUALITY OF LIFE FOR ALL McKEESPORT AREA SCHOOL
DISTRICT STUDENTS

WHEREAS, in January 2013, Allegheny County, through the leadership of Allegheny County Chief Executive Rich Fitzgerald and Health Department Director Dr. Karen Hacker launched a comprehensive innovative strategy on wellness called *Live Well Allegheny*; and

WHEREAS, living well is a broad concept that incorporates physical health, mental wellness, personal and community safety, prevention and preparedness, physical activity, nutrition, fitness managing chronic disease, improving well-being, quality of life, education, improving our standard of living, cessation programs, vaccinations, weight loss, anti-aging, health literacy and so much more; and

WHEREAS, the health of our county residents, and the health of McKeesport Area School District students requires a coordinated effort to ensure that programs, studies, outreach events and other efforts have the ability to improve our overall health; behavior change requires a cultural change which the *Live Well Allegheny* is intent on providing; and

WHEREAS, one of the main initiatives of the *Live Well Allegheny* campaign is to endeavor to have the participation of all 8 school districts in the Monongahela Valley area and to provide programming in each of those districts, the campaign can enhance the capacity of communities to effectively plan, implement, evaluate and sustain activities and intervention that

accomplish the goals; and

WHEREAS, the McKeesport Area School District will share the Body Mass Index (BMI) of students, by school, in a data report to Allegheny County annually;

NOW, THEREFORE, BE IT RESOLVED, that the Board of Directors of the McKeesport Area School District will endeavor to work along with Allegheny County to accomplish the goals of the *Live Well Allegheny* campaign:

FURTHERMORE, that the Board of School Directors of the McKeesport Area School District pledges to take the following steps within our District toward these goals:

- Make a commitment to a comprehensive healthy schools program;
- Offer fresh fruit and vegetables at all meals; and provide 2% milk and chocolate milk instead of whole milk;
- Utilize web sites and social media to provide information on physical activity, nutrition, stress management, tobacco cessation, and other health and wellness related initiatives.
- Promote water drinking

RESOLVED AND ADOPTED this 19 day of August, 2015.

ATTEST:

McKEESPORT AREA SCHOOL DISTRICT

By 
David M. Seropian
Board Secretary

By 
Patricia Maksin
Board President