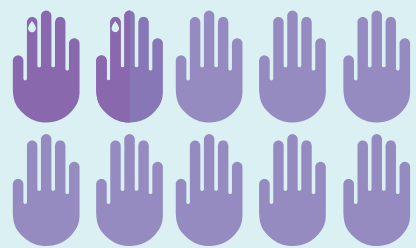




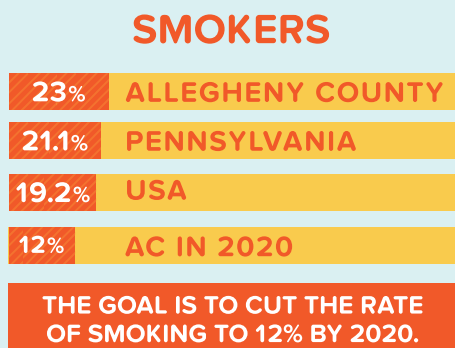
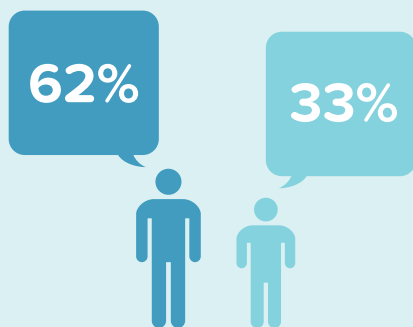
HOW DO WE LIVE WELL IN ALLEGHENY COUNTY?



LEADING CAUSE OF DEATH FOR MEN & WOMEN IS CARDIOVASCULAR DISEASE.



11% OF PEOPLE HAVE DIABETES



BY CHANGING BEHAVIOR SIMPLY, WE CAN ALL LIVE WELL*



NEED TIPS ON HOW TO MAKE THIS HAPPEN?
Visit LIVEWELLALLEGHENY.COM

*THIS MESSAGE IS ADOPTED FROM LET'S GO!
WWW.LETSGO.ORG

LIVE WELL IN ALLEGHENY COUNTY

49 MUNICIPALITIES PARTICIPATE IN



YOUNG LUNGS AT PLAY

A program aimed to create tobacco-free parks, playgrounds, and recreational areas for children. This program serves over **839,000** people in the county.



9 COUNTY PARKS

2 STATE PARKS



137 MILES

OF EXISTING TRAILS

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